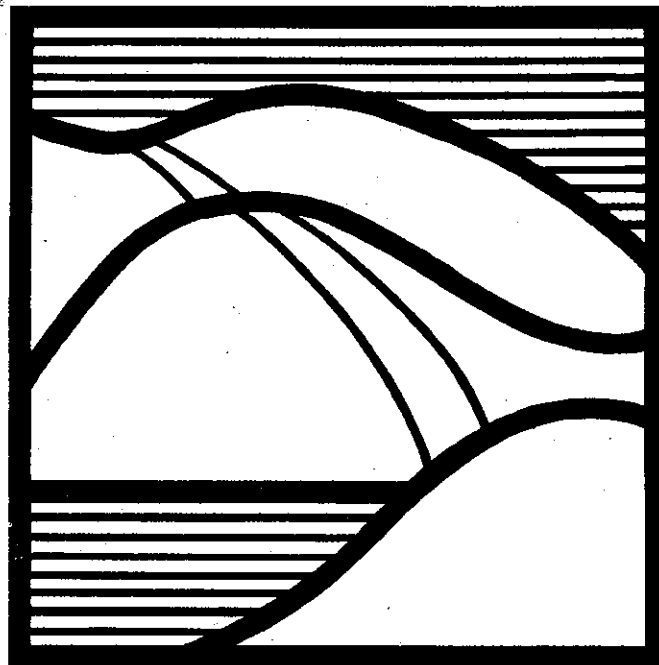


CFRA AND MILLER HIGH LIFE PRESENT THE
GATINEAU TRIATHLON OTTAWA ATHLETIC CLUB
1984 RACE RESULTS



CFRA 58

Miller
HIGH LIFE


COLORAD LTD.

CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX	CAT.	T I M E S			20/ 30/ 40/ 19-- 29 39 49 50+				
						SWIM	BIKE	RUN					
WOMEN													

1	258	1:34: 6.6	HEINS, CAROLINA DEEP RIVER, ONTARIO	24 F	F2	SPLITS: 0:20: 2.6 TOTALS: 0:20: 2.6	0:43:59.4 1: 4: 2.0	0:30: 4.6 1:34: 6.6					1
2	255	1:37:44.0	BAUERMEISTER, SENTA OTTAWA, ONTARIO	21 F	F2	SPLITS: 0:24:15.6 TOTALS: 0:24:15.6	0:41:34.4 1: 5:50.0	0:31:54.0 1:37:44.0					2
3	4	1:40:51.5	GENEREUX, NICOLE	25 F	F2	SPLITS: 0:21: 2.1 TOTALS: 0:21: 2.1	0:46:38.9 1: 7:41.0	0:33:10.5 1:40:51.5					3
4	129	1:43:26.0	COOK, PAMELA OTTAWA, ONTARIO	26 F	F2	SPLITS: 0:22:51.1 TOTALS: 0:22:51.1	0:47:48.9 1:10:40.0	0:32:46.0 1:43:26.0					4
5	224	1:44:15.0	RENDELL-BARRON, HEATHER KANATA, ONTARIO	25 F	F2	SPLITS: 0:23: 3.7 TOTALS: 0:23: 3.7	0:50: 1.3 1:13: 5.0	0:31:10.0 1:44:15.0					5
6	199	1:44:31.7	STEWART, ELIZABETH OTTAWA, ONTARIO	27 F	F2	SPLITS: 0:24:16.6 TOTALS: 0:24:16.6	0:45:54.4 1:10:11.0	0:34:20.7 1:44:31.7					6
7	209	1:45:24.8	SIMMS, CELIA OTTAWA, ONTARIO	33 F	F3	SPLITS: 0:26:32.2 TOTALS: 0:26:32.2	0:47:37.8 1:14:10.0	0:31:14.8 1:45:24.8					1
8	173	1:47:48.4	FOLEY, ANN MARIE OTTAWA, ONTARIO	22 F	F2	SPLITS: 0:21:50.0 TOTALS: 0:21:50.0	0:52:46.0 1:14:36.0	0:33:12.4 1:47:48.4					7
9	83	1:48:58.2	REED, SANDI BEAUFORT, QUEBEC	36 F	F3	SPLITS: 0:28:24.4 TOTALS: 0:28:24.4	0:50:26.6 1:18:51.0	0:30: 7.2 1:48:58.2					2
10	73	1:50:43.9	MOORE, HEATHER OTTAWA, ONTARIO	22 F	F2	SPLITS: 0:20:58.0 TOTALS: 0:20:58.0	0:53: 7.0 1:14: 7.0	0:36:36.9 1:50:43.9					8
11	130	1:50:52.8	SIMONEAU, NICOLE SHERBROOKE, QUEBEC	21 F	F2	SPLITS: 0:24:37.8 TOTALS: 0:24:37.8	0:52:55.2 1:17:33.0	0:33:19.8 1:50:52.8					9
12	103	1:51:17.9	POTTS, CINDY OTTAWA, ONTARIO	26 F	F2	SPLITS: 0:22:19.8 TOTALS: 0:22:19.8	0:52: 6.2 1:14:26.0	0:36:51.9 1:51:17.9					10

N.B. 8 HRS.=DNF 9 HRS.=DNS

CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			RUN	19-29	30-39	40-49	50+
						BIKE	BIKE	BIKE					
13	131	1:52:41.1	WOLEY, SANDY BEACONSFIELD, QUEBEC	23 F F2	SPLITS: 0:20:51.2 TOTALS: 0:20:51.2	0:56:32.8 1:17:24.0	0:35:17.1 1:52:41.1						11
14	52	1:52:51.8	METCALFE, YVETTE CHALK RIVER, ONTARIO	16 F F1	SPLITS: 0:27:27.9 TOTALS: 0:27:27.9	0:47:46.1 1:15:14.0	0:37:37.8 1:52:51.8						1
15	250	1:53: 0.7	KELLEY, JUDY OTTAWA, ONTARIO	36 F F3	SPLITS: 0:26:35.3 TOTALS: 0:26:35.3	0:53:12.7 1:19:48.0	0:33:12.7 1:53: 0.7						3
16	180	1:55:45.4	MIDGLEY, PAMELA OTTAWA, ONTARIO	24 F F2	SPLITS: 0:26:36.6 TOTALS: 0:26:36.6	0:53:12.4 1:19:49.0	0:35:56.4 1:55:45.4						12
17	217	1:59:50.1	SIROUX, DIANE HULL, QUEBEC	24 F F2	SPLITS: 0:23:55.6 TOTALS: 0:23:55.6	0:59:41.4 1:23:37.0	0:36:13.1 1:59:50.1						13
18	62	2: 0:58.6	PETERS, KAREN OTTAWA, ONTARIO	30 F F3	SPLITS: 0:28:22.8 TOTALS: 0:28:22.8	0:57: 8.2 1:25:31.0	0:35:27.6 2: 0:58.6						4
19	210	2: 1:14.1	COUTURIER, PAULA CHICOUTIMI, QUEBEC	21 F F2	SPLITS: 0:28:31.9 TOTALS: 0:28:31.9	0:53:55.1 1:22:27.0	0:38:47.1 2: 1:14.1						14
20	181	2: 1:26.8	BURKE, CHRISTINE NEPEAN, ONTARIO	30 F F3	SPLITS: 0:26:16.3 TOTALS: 0:26:16.3	0:59:23.7 1:25:40.0	0:35:46.8 2: 1:26.8						5
21	182	2: 3: 8.0	LUITWIELER, NANCY OTTAWA, ONTARIO	31 F F3	SPLITS: 0:26:59.1 TOTALS: 0:26:59.1	0:54:41.9 1:21:41.0	0:41:27.0 2: 3: 8.0						6
22	112	2: 4: 5.4	PODBORSKI, MARY-ANN OTTAWA, ONTARIO	29 F F2	SPLITS: 0:28:45.3 TOTALS: 0:28:45.3	0:56: 9.7 1:24:55.0	0:39:10.4 2: 4: 5.4						15
23	118	2: 9:23.2	GENEREUX-PELLERIN, ANDREE OTTAWA, ONTARIO	33 F F3	SPLITS: 0:26:16.8 TOTALS: 0:26:16.8	1: 7:26.2 1:33:43.0	0:35:40.2 2: 9:23.2						7
24	179	2: 9:53.1	CURRIE, RETA NEPEAN, ONTARIO	40 F F4	SPLITS: 0:32:56.6 TOTALS: 0:32:56.6	0:59:37.4 1:32:34.0	0:37:19.1 2: 9:53.1						1
25	24	2:10:35.0	BURKE, ELAINE OTTAWA, ONTARIO	28 F F2	SPLITS: 0:36:16.8 TOTALS: 0:36:16.8	0:54:19.2 1:30:36.0	0:39:59.0 2:10:35.0						16
26	126	2:11:39.6	STAMPER, CAROL NEPEAN, ONTARIO	21 F F2	SPLITS: 0:29: 2.7 TOTALS: 0:29: 2.7	1: 3:42.3 1:32:45.0	0:38:54.6 2:11:39.6						17

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			RUN	19-29	30-39	40-49	50+
						BIKE	BIKE	BIKE					
27	149	2:11:41.0	MASSIE, RACHELLE OTTAWA, ONTARIO	27 F F2	SPLITS: 0:34:50.8 TOTALS: 0:34:50.8	0:59:39.2 1:34:30.0	0:37:11.0 2:11:41.0						18
28	138	2:12:10.9	O'BRIEN, DONNA ORLEANS, ONTARIO	22 F F2	SPLITS: 0:29: 0.7 TOTALS: 0:29: 0.7	0:58:15.3 1:27:16.0	0:44:54.9 2:12:10.9						19
29	193	2:12:24.5	VAN HUMBEC, CATHY OTTAWA, ONTARIO	26 F F2	SPLITS: 0:31: 2.9 TOTALS: 0:31: 2.9	0:59:45.1 1:30:48.0	0:41:36.5 2:12:24.5						20
30	170	2:12:27.6	SAUNDERS, JUNE NEPEAN, ONTARIO	38 F F3	SPLITS: 0:36:36.8 TOTALS: 0:36:36.8	1: 0:50.2 1:37:27.0	0:35: 0.6 2:12:27.6						8
31	225	2:14:10.7	MASSAM, MARJORIE DEEP RIVER, ONT.	40 F F4	SPLITS: 0:37:54.0 TOTALS: 0:37:54.0	1: 2: 0.0 1:39:54.0	0:34:16.7 2:14:10.7						2
32	81	2:14:48.2	LAJOLIE, ANNE BEACONSFIELD, QUEBEC	40 F F4	SPLITS: 0:27:42.4 TOTALS: 0:27:42.4	1: 9:10.6 1:36:53.0	0:37:55.2 2:14:48.2						3
33	105	2:15:21.6	LAMGUREUX, ANDREE AYLMER, QUEBEC	16 F F1	SPLITS: 0:18:44.0 TOTALS: 0:18:44.0	1: 7:52.0 1:26:36.0	0:48:45.6 2:15:21.6						2
34	240	2:16:19.2	GOHL, DEBBIE	27 F F2	SPLITS: 0:26:45.0 TOTALS: 0:26:45.0	1: 4: 6.0 1:30:51.0	0:45:28.2 2:16:19.2						21
35	74	2:16:23.2	PINARD, DEBBIE STITTSVILLE, ONTARIO	26 F F2	SPLITS: 0:24:27.3 TOTALS: 0:24:27.3	1: 1:56.7 1:26:24.0	0:49:59.2 2:16:23.2						22
36	140	2:22:36.2	SPRUSTON, STEPHANIE OTTAWA, ONTARIO	15 F F1	SPLITS: 0:31:37.8 TOTALS: 0:31:37.8	1: 2:37.2 1:34:15.0	0:49:21.2 2:22:36.2						3
37	211	2:24: 8.0	DESROCHERS, SYLVIE GLUCESTER, ONTARIO	21 F F2	SPLITS: 0:27:41.1 TOTALS: 0:27:41.1	1: 5: 8.9 1:32:50.0	0:51:18.0 2:24: 8.0						23
38	208	2:32:31.1	MACLAREN, MARGARET KANATA, ONT.	28 F F2	SPLITS: 0:25:13.1 TOTALS: 0:25:13.1	1:19:51.9 1:45: 5.0	0:47:26.1 2:32:31.1						24
39	234	2:47:26.4	PILDON, ANNE ORLEANS, ONTARIO	19 F F1	SPLITS: 0:39:13.3 TOTALS: 0:39:13.3	1:11: 1.7 1:50:15.0	0:57:11.4 2:47:26.4						4
	220	8: 0: 0.0	COCKS, ANDREA OTTAWA, ONTARIO	28 F F2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0						

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/					
						BIKE	RUN		19-	29	39	49	50+	
	300	8: 0: 0.0	MCLEOD, SIGNE GLoucester, ONTARIO	16 F F1	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0	8: 0: 0.0	8: 0: 0.0						

CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/				
						BIKE	RUN		19-	29	39	49	50+
MEN													

1	243	1:24:47.1	SAINDON, JEAN-PAUL ST. FOY, QUEBEC	23 M M2	SPLITS: 0:17: 0.6 TOTALS: 0:17: 0.6	0:42: 7.4	0:25:39.1					1	
2	229	1:25: 0.6	BERNIER, ROBERT MONTREAL, QUEBEC	30 M M3	SPLITS: 0:22: 2.4 TOTALS: 0:22: 2.4	0:38:14.6	0:24:43.6					1	
3	114	1:27:11.0	WILKINSON, ROSS OTTAWA, ONTARIO	21 M M2	SPLITS: 0:19: 5.7 TOTALS: 0:19: 5.7	0:40:50.3	0:27:15.0					2	
4	108	1:27:19.0	HELLARD, RICK OTTAWA, ONTARIO	18 M M1	SPLITS: 0:20: 1.4 TOTALS: 0:20: 1.4	0:42:30.6	0:24:47.0					1	
5	231	1:28:10.0	WEBER, RICHARD SHERBROOK, QUEBEC	25 M M2	SPLITS: 0:23:15.0 TOTALS: 0:23:15.0	0:39: 7.0	0:25:48.0					3	
6	92	1:29: 6.0	GROVER, WAYNE OTTAWA, ONTARIO	31 M M3	SPLITS: 0:22: 1.2 TOTALS: 0:22: 1.2	0:39:45.8	0:27:19.0					2	
7	124	1:29:11.0	FISHER, LEON MONTREAL, QUEBEC	25 M M2	SPLITS: 0:20: 0.4 TOTALS: 0:20: 0.4	0:42:25.6	0:26:45.0					4	
8	223	1:29:19.0	BARRON, ANDREW KANATA, ONTARIO	33 M M3	SPLITS: 0:18:59.0 TOTALS: 0:18:59.0	0:43:43.0	0:26:37.0					3	
9	300	1:29:45.9	MCGINNIS, MALCOLM OTTAWA, ONTARIO	25 M M2	SPLITS: 0:17:51.2 TOTALS: 0:17:51.2	0:42:22.8	0:29:31.9					5	
10	245	1:30:23.6	SHOIRY, JEAN SILLERY, QUEBEC	23 M M2	SPLITS: 0:20:43.4 TOTALS: 0:20:43.4	0:40:45.6	0:28:54.6					6	
11	187	1:31: 8.0	LEDUC, MARTIN CAF-ROUSE, QUEBEC	17 M M1	SPLITS: 0:17:26.1 TOTALS: 0:17:26.1	0:45: 8.9	0:23:33.0					2	
12	68	1:31:16.1	STOKER, DACRE DARVILLE, QNT.	25 M M2	SPLITS: 0:18:26.1 TOTALS: 0:18:26.1	0:45:33.9	0:27:16.1					7	

N.B. 8 HRS. =DNF 9 HRS. =DMS

CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/
						BIKE	RUN	19- 29 39 49 50+	
13	201	1:32: 6.4	BUSH, PAUL OTTAWA, ONTARIO	26 M M2	SPLITS: 0:22:27.2 TOTALS: 0:22:27.2	0:43:30.8 1: 5:58.0	0:26: 8.4 1:32: 6.4	8	
14	236	1:32:25.2	BURTON, GRAHAM GLOUCESTER, ONTARIO	37 M M3	SPLITS: 0:21:53.2 TOTALS: 0:21:53.2	0:43:18.8 1: 5:12.0	0:27:13.2 1:32:25.2	4	
15	151	1:33:21.2	TREMBLAY, MARC STE. FOY, QUEBEC	29 M M2	SPLITS: 0:21:57.3 TOTALS: 0:21:57.3	0:41:12.7 1: 3:10.0	0:30:11.2 1:33:21.2	9	
16	61	1:33:27.0	CARMODY, IAN OTTAWA, ONTARIO	16 M M1	SPLITS: 0:16:39.7 TOTALS: 0:16:39.7	0:43:49.3 1: 0:29.0	0:32:58.0 1:33:27.0	3	
17	159	1:33:54.1	PERRAULT, DANIEL STE. FOY, QUEBEC	19 M M1	SPLITS: 0:18:41.5 TOTALS: 0:18:41.5	0:46:34.5 1: 5:16.0	0:28:38.1 1:33:54.1	4	
18	146	1:34: 1.6	BURNS, BRUCE NEPEAN, ONTARIO	32 M M3	SPLITS: 0:21:47.1 TOTALS: 0:21:47.1	0:44: 6.9 1: 5:54.0	0:28: 7.6 1:34: 1.6	5	
19	168	1:34:15.0	CURTIN, TOM OTTAWA, ONTARIO	20 M M2	SPLITS: 0:23:49.5 TOTALS: 0:23:49.5	0:43: 7.5 1: 6:57.0	0:27:18.0 1:34:15.0	10	
20	256	1:34:21.0	FREILL, PETER ORLEANS, ONTARIO	21 M M2	SPLITS: 0:20: 4.1 TOTALS: 0:20: 4.1	0:46:43.9 1: 6:48.0	0:27:33.0 1:34:21.0	11	
21	248	1:34:22.9	O'CONNOR, KEVIN OTTAWA, ONTARIO	23 M M2	SPLITS: 0:24:15.3 TOTALS: 0:24:15.3	0:43:39.7 1: 7:55.0	0:26:27.9 1:34:22.9	12	
22	123	1:34:56.7	BURKE, JOHN OTTAWA, ONTARIO	28 M M2	SPLITS: 0:26:25.4 TOTALS: 0:26:25.4	0:40:27.6 1: 6:53.0	0:28: 3.7 1:34:56.7	13	
23	113	1:36:15.6	GEDDES, BRENT NEPEAN, ONTARIO	15 M M1	SPLITS: 0:16:50.7 TOTALS: 0:16:50.7	0:48:23.3 1: 5:14.0	0:31: 1.6 1:36:15.6	5	
24	77	1:36:45.6	TIPPETT, BRUCE NEPEAN, ONT.	25 M M2	SPLITS: 0:22:14.4 TOTALS: 0:22:14.4	0:44:11.6 1: 6:26.0	0:30:19.6 1:36:45.6	14	
25	226	1:37: 2.5	ROY, PATRICK OTTAWA, ONTARIO	30 M M3	SPLITS: 0:24:24.6 TOTALS: 0:24:24.6	0:42:26.4 1: 6:51.0	0:30:11.5 1:37: 2.5	6	
26	71	1:37:14.2	TAYLOR, DAVID KANATA, ONTARIO	33 M M3	SPLITS: 0:26:24.4 TOTALS: 0:26:24.4	0:42:23.6 1: 8:48.0	0:28:26.2 1:37:14.2	7	

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/
						BIKE	RUN	19- 29 39 49 50+	
27	213	1:37:23.9	WATTS, ANDY OTTAWA, ONTARIO	33 M M3	SPLITS: 0:23: 0.9 TOTALS: 0:23: 0.9	0:45:29.1 1: 8:30.0	0:28:53.9 1:37:23.9	8	
28	60	1:37:43.5	CUSTIC, DEJAN OTTAWA ONTARIO	16 M M1	SPLITS: 0:16:49.8 TOTALS: 0:16:49.8	0:46:40.2 1: 3:30.0	0:34:13.5 1:37:43.5	6	
29	232	1:38:30.1	MCBEE, TOM OTTAWA, ONTARIO	27 M M2	SPLITS: 0:22: 9.5 TOTALS: 0:22: 9.5	0:45:47.5 1: 7:57.0	0:30:33.1 1:38:30.1	15	
30	194	1:38:32.2	BONENFANT, GILLES OTTAWA, ONTARIO	23 M M2	SPLITS: 0:24:16.2 TOTALS: 0:24:16.2	0:46:27.8 1:10:44.0	0:27:48.2 1:38:32.2	16	
31	222	1:38:33.2	PATERSON, ROBERT OTTAWA, ONTARIO	34 M M3	SPLITS: 0:21:48.1 TOTALS: 0:21:48.1	0:45:32.9 1: 7:21.0	0:31:12.2 1:38:33.2	9	
32	167	1:38:42.8	HAULENA, MARTIN NEPEAN, ONTARIO	17 M M1	SPLITS: 0:22:28.3 TOTALS: 0:22:28.5	0:45:21.5 1: 7:50.0	0:30:52.8 1:38:42.8	7	
33	227	1:39: 0.4	DENYS, PAUL OTTAWA, ONTARIO	20 M M2	SPLITS: 0:23:17.8 TOTALS: 0:23:17.8	0:45:54.2 1: 9:12.0	0:27:48.4 1:39: 0.4	17	
34	89	1:39: 8.2	BUCHANAN, CAMERON ST. BRUND, QUEBEC	28 M M2	SPLITS: 0:24:53.4 TOTALS: 0:24:53.4	0:46:18.6 1:11:12.0	0:27:56.2 1:39: 8.2	18	
35	95	1:39:40.2	TRAN, HOA OTTAWA, ONTARIO	18 M M1	SPLITS: 0:24:32.7 TOTALS: 0:24:32.7	0:47:11.3 1:11:44.0	0:27:56.2 1:39:40.2	8	
36	78	1:40: 0.9	LAURICH, PETER GLOUCESTER, ONTARIO	25 M M2	SPLITS: 0:26:17.4 TOTALS: 0:26:17.4	0:45: 1.6 1:11:19.0	0:28:41.9 1:40: 0.9	19	
37	127	1:40: 1.6	MACINTOSH, PAUL OTTAWA, ONTARIO	29 M M2	SPLITS: 0:24:38.4 TOTALS: 0:24:38.4	0:46:29.6 1:11: 8.0	0:28:53.6 1:40: 1.6	20	
38	235	1:40: 4.6	HANRAHAN, ED OTTAWA, ONTARIO	27 M M2	SPLITS: 0:21:39.7 TOTALS: 0:21:39.7	0:41: 8.3 1: 2:48.0	0:37:16.6 1:40: 4.6	21	
39	203	1:40: 6.5	WALSH, CHRIS NEPEAN, ONTARIO	23 M M2	SPLITS: 0:23:13.5 TOTALS: 0:23:13.5	0:46:54.5 1:10: 8.0	0:29:58.5 1:40: 6.5	22	
40	195	1:40:11.0	JOHNSON, DONALD NEPEAN, ONTARIO	41 M M4	SPLITS: 0:26:39.8 TOTALS: 0:26:39.8	0:44:34.2 1:11:14.0	0:28:57.0 1:40:11.0		

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	T I M E S			20/ 30/ 40/ 50+
					SWIM	BIKE	RUN	
41	23	1:40:18.7	PUTKA, PETER ISLINGTON, ONTARIO	23 M M2	SPLITS: 0:27:46.4 TOTALS: 0:27:46.4	0:46:15.6 1:14: 2.0	0:28:16.7 1:40:18.7	23
42	142	1:40:21.5	COTE, JAGADITTA ROCH OTTAWA, ONTARIO	24 M M2	SPLITS: 0:24: 9.4 TOTALS: 0:24: 9.4	0:46:49.6 1:10:59.0	0:29:22.5 1:40:21.5	24
43	82	1:40:32.6	REED, JERRY BEACONSFIELD, QUEBEC	41 M M4	SPLITS: 0:24:17.4 TOTALS: 0:24:17.4	0:45:42.6 1:10: 0.0	0:30:32.6 1:40:32.6	2
44	65	1:40:56.2	DOWNING, MICHAEL OTTAWA, ONTARIO	16 M M1	SPLITS: 0:22:37.3 TOTALS: 0:22:37.3	0:47:24.7 1:10: 2.0	0:30:54.2 1:40:56.2	9
45	178	1:41: 2.0	MALLORY, KEVIN NEPEAN, ONTARIO	17 M M1	SPLITS: 0:30:33.1 TOTALS: 0:30:33.1	0:41:14.9 1:11:48.0	0:29:14.0 1:41: 2.0	10
46	133	1:41: 6.7	DURAND, MATT NEPEAN, ONTARIO	16 M M1	SPLITS: 0:25:37.7 TOTALS: 0:25:37.7	0:44:39.3 1:10:17.0	0:30:49.7 1:41: 6.7	11
47	215	1:41:26.0	STANELAND, PETER FORT McMURRAY, ALBERTA	26 M M2	SPLITS: 0:26:24.9 TOTALS: 0:26:24.9	0:42:59.1 1: 9:24.0	0:32: 2.0 1:41:26.0	25
48	58	1:41:35.6	MARCHAND, CLAUDE OTTAWA, ONTARIO	31 M M3	SPLITS: 0:26:23.2 TOTALS: 0:26:23.2	0:44:55.8 1:11:19.0	0:30:16.6 1:41:35.6	10
49	59	1:41:36.7	PRIDDLE, MARK OTTAWA, ONTARIO	20 M M2	SPLITS: 0:26:42.3 TOTALS: 0:26:42.3	0:45:25.7 1:12: 8.0	0:29:28.7 1:41:36.7	26
50	51	1:42: 3.0	MILLER, IAN DEEP RIVER, ONTARIO	19 M M1	SPLITS: 0:27:17.8 TOTALS: 0:27:17.8	0:42:59.2 1:10:17.0	0:31:46.0 1:42: 3.0	12
51	252	1:42: 7.4	CARLSSON, ALAN GLOUCESTER, ONTARIO	15 M M1	SPLITS: 0:25:39.3 TOTALS: 0:25:39.3	0:47: 4.7 1:12:44.0	0:29:23.4 1:42: 7.4	13
52	192	1:42:30.9	PAUL, CHARLES NEPEAN, ONTARIO	44 M M4	SPLITS: 0:24:17.0 TOTALS: 0:24:17.0	0:47:54.0 1:12:11.0	0:30:19.9 1:42:30.9	3
53	125	1:42:33.7	MCCARTHY, DANNY OTTAWA, ONTARIO	19 M M1	SPLITS: 0:27:45.5 TOTALS: 0:27:45.5	0:44:21.5 1:12: 7.0	0:30:26.7 1:42:33.7	14
54	90	1:42:40.9	CHRISTENSEN, STEPHEN ST. HUBERT, QUEBEC	32 M M3	SPLITS: 0:27:43.3 TOTALS: 0:27:43.3	0:47:35.7 1:15:19.0	0:27:21.9 1:42:40.9	11

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	T I M E S			20/ 30/ 40/ 50+
					SWIM	BIKE	RUN	
55	80	1:42:43.3	READ, DAVID ST. BRUNO, QUEBEC	31 M M3	SPLITS: 0:20: 3.5 TOTALS: 0:20: 3.5	0:50:27.5 1:10:31.0	0:32:12.3 1:42:43.3	12
56	134	1:42:50.0	STUJROP, GERRY KANATA, ONTARIO	39 M M3	SPLITS: 0:26:13.5 TOTALS: 0:26:13.5	0:45: 7.5 1:11:21.0	0:31:29.0 1:42:50.0	13
57	26	1:42:51.7	JOHANNSEN, WAYNE OTTAWA, ONTARIO	35 M M3	SPLITS: 0:24:25.9 TOTALS: 0:24:25.9	0:45:59.1 1:10:25.0	0:32:26.7 1:42:51.7	14
58	191	1:43: 9.0	LANDRIault, BOB PTE. GATINEAU, QUEBEC	18 M M1	SPLITS: 0:17:57.0 TOTALS: 0:17:57.0	0:51:36.0 1: 9:33.0	0:33:36.0 1:43: 9.0	15
59	161	1:43:27.0	PARSONS, MARK NEPEAN, ONTARIO	23 M M2	SPLITS: 0:22:12.4 TOTALS: 0:22:12.4	0:48:22.6 1:10:35.0	0:32:52.0 1:43:27.0	27
60	115	1:43:35.0	ELLIOT, JOHN OTTAWA, ONTARIO	24 M M2	SPLITS: 0:19:25.6 TOTALS: 0:19:25.6	0:48:54.4 1: 8:20.0	0:35:15.0 1:43:35.0	28
61	190	1:43:49.0	CHIASSON, BOB OTTAWA, ONTARIO	42 M M4	SPLITS: 0:24:37.1 TOTALS: 0:24:37.1	0:48:57.9 1:13:35.0	0:30:14.0 1:43:49.0	4
62	214	1:44: 4.0	MACRURY, JOHN OTTAWA, ONTARIO	32 M M3	SPLITS: 0:29:46.4 TOTALS: 0:29:46.4	0:47:54.6 1:17:41.0	0:26:23.0 1:44: 4.0	15
63	120	1:44: 7.0	MOORMAN, MATT OTTAWA, ONTARIO	26 M M2	SPLITS: 0:19:10.8 TOTALS: 0:19:10.8	0:48:24.2 1: 7:35.0	0:36:32.0 1:44: 7.0	29
64	219	1:44: 8.0	HAGBERTY, PETER OTTAWA, ONTARIO	30 M M3	SPLITS: 0:28:13.0 TOTALS: 0:28:13.0	0:45:32.0 1:13:45.0	0:30:23.0 1:44: 8.0	16
65	72	1:44:17.0	LAZAR, AVRIM OTTAWA, ONTARIO	37 M M3	SPLITS: 0:26:38.6 TOTALS: 0:26:38.6	0:48:38.4 1:15:17.0	0:29: 0.0 1:44:17.0	17
66	183	1:44:25.7	WARDLAW, MICHAEL GLOUCESTER, ONTARIO	23 M M2	SPLITS: 0:28:14.4 TOTALS: 0:28:14.4	0:46:14.6 1:14:29.0	0:29:26.7 1:44:25.7	30
67	66	1:44:30.7	OSTROM, PETER OTTAWA, ONTARIO	30 M M3	SPLITS: 0:24:19.2 TOTALS: 0:24:19.2	0:45:28.8 1: 9:48.0	0:34:42.7 1:44:30.7	18
68	132	1:44:35.4	PORTNER, ERIC GLOUCESTER, ONTARIO	15 M M1	SPLITS: 0:18:29.9 TOTALS: 0:18:29.9	0:52: 2.1 1:10:32.0	0:34: 3.4 1:44:35.4	16

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX	CAT.	SWIM	T I M E S			19-	20/ 29	30/ 39	40/ 49	50+
							BIKE	RUN	TOTAL					
69	189	1:44:48.1	BOUDREAU, GHISLAIN OTTAWA, ONTARIO	23 M	M2	SPLITS: 0:20: 2.0 TOTALS: 0:20: 2.0	0:50:58.0 1:11: 0.0	0:33:48.1 1:44:48.1					31	
70	85	1:45:25.0	MILLER, STEVE WESTHILL, ONTARIO	29 M	M2	SPLITS: 0:24:36.0 TOTALS: 0:24:36.0	0:48:56.0 1:13:32.0	0:31:53.0 1:45:25.0					32	
71	160	1:45:30.2	PERRAULT, CLAUDE STE. FOY, QUEBEC	22 M	M2	SPLITS: 0:20:42.7 TOTALS: 0:20:42.7	0:53:47.3 1:14:30.0	0:31: 0.2 1:45:30.2					33	
72	86	1:45:49.1	STOCKFISH, MICHAEL OTTAWA, ONTARIO	28 M	M2	SPLITS: 0:23: 6.1 TOTALS: 0:23: 6.1	0:52:34.9 1:15:41.0	0:30: 8.1 1:45:49.1					34	
73	117	1:45:51.4	PELLERIN, MICHEL OTTAWA, ONTARIO	36 M	M3	SPLITS: 0:19:55.5 TOTALS: 0:19:55.5	0:54:36.5 1:14:32.0	0:31:19.4 1:45:51.4					19	
74	196	1:46:12.8	JOHNSON, CHRIS NEPEAN, ONTARIO	15 M	M1	SPLITS: 0:26:37.5 TOTALS: 0:26:37.5	0:47: 8.5 1:13:46.0	0:32:26.8 1:46:12.8					17	
75	247	1:46:27.8	JONES, ANDREW GLOUCESTER, ONTARIO	20 M	M2	SPLITS: 0:26:31.4 TOTALS: 0:26:31.4	0:47:23.6 1:13:55.0	0:32:32.8 1:46:27.8					35	
76	163	1:46:29.0	MOERMAN, BRAM ORLEANS, ONTARIO	39 M	M3	SPLITS: 0:24:55.5 TOTALS: 0:24:55.5	0:44: 9.5 1: 9: 5.0	0:37:24.0 1:46:29.0					20	
77	207	1:47: 2.2	AASEN, GREG KANATA, ONT.	29 M	M2	SPLITS: 0:23:21.6 TOTALS: 0:23:21.6	0:48: 4.4 1:11:26.0	0:35:36.2 1:47: 2.2					36	
78	186	1:47:10.8	BOWLAND, MIKE KANATA, ONTARIO	37 M	M3	SPLITS: 0:22:32.8 TOTALS: 0:22:32.8	0:48: 5.2 1:10:38.0	0:36:32.8 1:47:10.8					21	
79	169	1:47:26.5	COLMAN, JEREMY OTTAWA, ONTARIO	47 M	M4	SPLITS: 0:22:57.5 TOTALS: 0:22:57.5	0:51: 6.5 1:14: 6.0	0:33:20.5 1:47:26.5					5	
80	218	1:47:36.7	KOZELJ, TOM NEPEAN, ONTARIO	28 M	M2	SPLITS: 0:19: 7.0 TOTALS: 0:19: 7.0	0:53:43.0 1:12:50.0	0:34:46.7 1:47:36.7					37	
81	53	1:47:56.6	PLATCE, JOHN OTTAWA, ONTARIO	21 M	M2	SPLITS: 0:32:40.2 TOTALS: 0:32:40.2	0:41:58.8 1:14:39.0	0:33:17.6 1:47:56.6					38	
82	91	1:47:58.6	BEAVON, DANIEL GLOUCESTER, ONTARIO	27 M	M2	SPLITS: 0:23:27.6 TOTALS: 0:23:27.6	0:49:24.4 1:12:52.0	0:35: 6.6 1:47:58.6					39	

N.B. 8 HRS.=DNF 9 HRS.=ONS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX	CAT.	SWIM	T I M E S			19-	20/ 29	30/ 39	40/ 49	50+
							BIKE	RUN	TOTAL					
83	257	1:48: 1.3	GABDON, ROBERT KINGSTON, ONTARIO	24 M	M2	SPLITS: 0:26:38.1 TOTALS: 0:26:38.1	0:52:21.9 1:19: 0.0	0:29: 1.3 1:48: 1.3					40	
84	175	1:48:12.6	COBAIN, CHARLIE OTTAWA, ONTARIO	31 M	M3	SPLITS: 0:26:14.3 TOTALS: 0:26:14.3	0:52:25.7 1:18:40.0	0:29:32.6 1:48:12.6					22	
85	254	1:48:17.9	SHERLOCK, KEITH OTTAWA, ONTARIO	25 M	M2	SPLITS: 0:26: 3.0 TOTALS: 0:26: 3.0	0:45: 2.0 1:11: 5.0	0:37:12.9 1:48:17.9					41	
86	165	1:48:34.4	PHILLIPS, KEN WOODLAWN, ONTARIO	36 M	M3	SPLITS: 0:30:32.6 TOTALS: 0:30:32.6	0:47: 9.4 1:17:42.0	0:30:52.4 1:48:34.4					23	
87	100	1:48:59.5	CROME, GLENN OTTAWA, ONTARIO	30 M	M3	SPLITS: 0:29:45.7 TOTALS: 0:29:45.7	0:47:56.3 1:17:42.0	0:31:17.5 1:48:59.5					24	
88	237	1:49: 7.0	GILMOUR, TERRY KANATA, ONTARIO	41 M	M4	SPLITS: 0:25:47.1 TOTALS: 0:25:47.1	0:53:19.9 1:19: 7.0	0:30: 0.0 1:49: 7.0					6	
89	111	1:49:12.3	COLDWELL, BILL OTTAWA, ONTARIO	29 M	M2	SPLITS: 0:21:49.0 TOTALS: 0:21:49.0	0:50: 6.0 1:11:55.0	0:37:17.3 1:49:12.3					42	
90	154	1:49:30.8	CURTIS, JOHN PIERREFONDS, QUEBEC	33 M	M3	SPLITS: 0:22: 4.6 TOTALS: 0:22: 4.6	0:47:55.4 1:10: 0.0	0:39:30.8 1:49:30.8					25	
91	212	1:49:33.5	ST-LAURENT, GAETAN OTTAWA, ONTARIO	23 M	M2	SPLITS: 0:25: 2.7 TOTALS: 0:25: 2.7	0:51: 1.3 1:16: 4.0	0:33:29.5 1:49:33.5					43	
92	56	1:49:49.2	KEMP, KEN OTTAWA, ONTARIO	35 M	M3	SPLITS: 0:27:18.6 TOTALS: 0:27:18.6	0:50:32.4 1:17:51.0	0:31:58.2 1:49:49.2					26	
93	93	1:49:49.9	PAVELICH, JOHN OTTAWA, ONTARIO	28 M	M2	SPLITS: 0:30:12.2 TOTALS: 0:30:12.2	0:48:46.8 1:18:59.0	0:30:50.9 1:49:49.9					44	
94	157	1:50:19.0	GEORGANDS, STAVROS VILLE ST. LAURENT, QUEBEC	24 M	M2	SPLITS: 0:25: 8.2 TOTALS: 0:25: 8.2	0:47:52.8 1:13: 1.0	0:37:18.0 1:50:19.0					45	
95	110	1:50:24.0	BOUGEON, PIERRE GATINEAU, QUEBEC	29 M	M2	SPLITS: 0:28:19.7 TOTALS: 0:28:19.7	0:50:23.3 1:18:43.0	0:31:41.0 1:50:24.0					46	
96	177	1:51:30.8	WELSH, ANDREW OTTAWA, ONTARIO	17 M	M1	SPLITS: 0:27:20.8 TOTALS: 0:27:20.8	0:50:47.2 1:18: 8.0	0:33:22.8 1:51:30.8					18	

N.B. 8 HRS.=DNF 9 HRS.=ONS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			19- 20/ 29 30/ 39 40/ 49 50+				
						BIKE	RUN						
97	162	1:51:38.5	MILONJA, RONALD ST. LAMBERT, QUEBEC	24 M M2	SPLITS: 0:23:17.0 TOTALS: 0:23:17.0	0:47:41.0 1:10:58.0	0:40:40.5 1:51:38.5						47
98	106	1:51:41.1	DAVIES, IAN POINTE CLAIRE, QUEBEC	52 M M5	SPLITS: 0:29:30.7 TOTALS: 0:29:30.7	0:48:10.3 1:17:41.0	0:34: 0.1 1:51:41.1						1
99	156	1:51:57.5	PRIVE, MARC OTTAWA, ONTARIO	22 M M2	SPLITS: 0:30: 0.5 TOTALS: 0:30: 0.5	0:51:37.5 1:21:38.0	0:30:19.5 1:51:57.5						48
100	233	1:52:12.3	BUSQUE, MICHEL HULL, QUEBEC	28 M M2	SPLITS: 0:33:48.4 TOTALS: 0:33:48.4	0:46:10.6 1:19:59.0	0:32:13.3 1:52:12.3						49
101	76	1:52:17.6	PINARD, JIM STITTSVILLE, OTTAWA	28 M M2	SPLITS: 0:19:12.5 TOTALS: 0:19:12.5	0:54:59.5 1:14:12.0	0:38: 5.6 1:52:17.6						50
102	238	1:52:35.8	DEBLOIS, MICHEL	23 M M2	SPLITS: 0:25:14.4 TOTALS: 0:25:14.4	0:51:44.6 1:16:59.0	0:35:36.8 1:52:35.8						51
103	101	1:52:38.4	CUSSON, JASON MONTREAL, QUEBEC	15 M M1	SPLITS: 0:28:25.4 TOTALS: 0:28:25.4	0:50:14.6 1:18:40.0	0:33:58.4 1:52:38.4		19				
104	136	1:52:42.6	BALDERSON, JEFFREY OTTAWA, ONTARIO	22 M M2	SPLITS: 0:27: 4.4 TOTALS: 0:27: 4.4	0:50:38.6 1:17:43.0	0:34:59.6 1:52:42.6						52
105	185	1:52:56.9	BRITTAIN, BILL GLOUCESTER, ONTARIO	38 M M3	SPLITS: 0:28:14.9 TOTALS: 0:28:14.9	0:53:27.1 1:21:42.0	0:31:14.9 1:52:56.9						27
106	188	1:53: 2.1	KRAUSS, MARTIN WESTMOUNT, QUEBEC	47 M M4	SPLITS: 0:26:49.7 TOTALS: 0:26:49.7	0:53:20.3 1:20:10.0	0:32:52.1 1:53: 2.1						7
107	158	1:53: 2.9	CLOUTIER, MICHEL SHERBROOKE, QUEBEC	32 M M3	SPLITS: 0:26:33.2 TOTALS: 0:26:33.2	0:52:27.8 1:19: 1.0	0:34: 1.9 1:53: 2.9						28
108	102	1:53:14.2	MARTIN, JOHN OTTAWA, ONTARIO	38 M M3	SPLITS: 0:27:32.8 TOTALS: 0:27:32.8	0:50:33.2 1:18: 6.0	0:35: 8.2 1:53:14.2						29
109	69	1:53:21.7	BURTON, BARY NEPEAN, ONTARIO	26 M M2	SPLITS: 0:24:14.9 TOTALS: 0:24:14.9	0:53:37.1 1:17:52.0	0:35:29.7 1:53:21.7						53
110	119	1:54: 9.8	PELLETIER, PIERRE MAGOG, QUEBEC	37 M M3	SPLITS: 0:31:31.3 TOTALS: 0:31:31.3	0:50: 8.7 1:21:40.0	0:32:29.8 1:54: 9.8						30

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			19- 20/ 29 30/ 39 40/ 49 50+					
						BIKE	RUN							
111	150	1:54:10.6	BLAIKIE, DAVID OTTAWA, ONTARIO	37 M M3	SPLITS: 0:28:43.0 TOTALS: 0:28:43.0	0:50:13.0 1:18:56.0	0:35:14.6 1:54:10.6							31
112	79	1:54:19.9	WOODCOCK, GLENN OTTAWA, ONTARIO	43 M M4	SPLITS: 0:31:47.5 TOTALS: 0:31:47.5	0:51: 5.5 1:22:53.0	0:31:26.9 1:54:19.9							8
113	246	1:54:20.9	ENGLAND, RON OTTAWA, ONTARIO	29 M M2	SPLITS: 0:26:14.8 TOTALS: 0:26:14.8	0:52:16.2 1:18:21.0	0:35:49.9 1:54:20.9							54
114	132	1:54:23.9	CLACK, GARFIELD OTTAWA, ONTARIO	53 M M5	SPLITS: 0:27:19.7 TOTALS: 0:27:19.7	0:52:14.3 1:19:34.0	0:34:49.9 1:54:23.9							2
115	104	1:54:39.7	CUSSON, ANDRE-GIL MONTREAL, QUEBEC	35 M M3	SPLITS: 0:27:30.0 TOTALS: 0:27:30.0	0:51:10.0 1:18:40.0	0:35:59.7 1:54:39.7							32
116	84	1:55:10.7	STODDART, JOHN OTTAWA, ONTARIO	44 M M4	SPLITS: 0:32:18.2 TOTALS: 0:32:18.2	0:51:40.8 1:23:59.0	0:31:11.7 1:55:10.7							9
117	137	1:55:31.2	MORRIS, DON OTTAWA, ONTARIO	31 M M3	SPLITS: 0:26:39.1 TOTALS: 0:26:39.1	0:51:21.9 1:18: 1.0	0:37:30.2 1:55:31.2							33
118	171	1:55:44.2	HAMILTON, PETER OTTAWA, ONTARIO	21 M M2	SPLITS: 0:27:46.0 TOTALS: 0:27:46.0	0:49:58.0 1:17:44.0	0:38: 0.2 1:55:44.2							55
119	242	1:56:23.3	REID, MARK OTTAWA, ONTARIO	15 M M1	SPLITS: 0:32:23.0 TOTALS: 0:32:23.0	0:48: 0.0 1:20:23.0	0:36: 0.3 1:56:23.3		20					
120	202	1:57: 4.3	PARRY, BRAEME GLOUCESTER, ONTARIO	16 M M1	SPLITS: 0:26:29.2 TOTALS: 0:26:29.2	0:52:22.8 1:18:52.0	0:38:12.3 1:57: 4.3							21
121	116	1:57: 4.6	RIPLEY, ALAN OTTAWA, ONTARIO	21 M M2	SPLITS: 0:32:49.1 TOTALS: 0:32:49.1	0:50:38.9 1:23:28.0	0:33:36.6 1:57: 4.6							56
122	228	1:57:17.6	CHAFE, WARREN OTTAWA, ONTARIO	43 M M4	SPLITS: 0:22:19.0 TOTALS: 0:22:19.0	0:55: 0.0 1:17:19.0	0:39:58.6 1:57:17.6							10
123	148	1:57:22.3	CUNNINGHAM, HARRIS NORTH GOWER, ONTARIO	41 M M4	SPLITS: 0:28: 7.8 TOTALS: 0:28: 7.8	0:53:23.2 1:21:31.0	0:35:51.3 1:57:22.3							11
124	63	1:57:28.5	STAPLES, NORMAN KINGSTON, ONTARIO	33 M M3	SPLITS: 0:33:33.7 TOTALS: 0:33:33.7	0:51:48.3 1:25:22.0	0:32: 6.5 1:57:28.5							34

N.S. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX	CAT.	SWIM	T I M E S			20/ 30/ 40/ 19- 29 39 49 50+
							BIKE	RUN		
125	99	1:57:39.1	BEAUDDIN, GERRY MANOTICK, ONTARIO	31 M	M3	SPLITS: 0:30:40.2 TOTALS: 0:30:40.2	0:46:59.8 1:17:40.0	0:39:59.1 1:57:39.1		35
126	98	1:57:47.1	DUNNING, GREG DORVAL, QUEBEC	21 M	M2	SPLITS: 0:27:36.4 TOTALS: 0:27:36.4	0:50:34.6 1:18:11.0	0:39:36.1 1:57:47.1		57
127	172	1:58: 8.6	GRAHAM, HUGH NEPEAN, ONTARIO	49 M	M4	SPLITS: 0:30: 0.0 TOTALS: 0:30: 0.0	0:54:58.0 1:24:58.0	0:33:10.6 1:58: 8.6		12
128	153	1:58:17.7	HORLEY, DAVID GLOUCESTER, ONTARIO	44 M	M4	SPLITS: 0:32:42.0 TOTALS: 0:32:42.0	0:52:45.0 1:25:27.0	0:32:50.7 1:58:17.7		13
129	107	1:58:37.9	ZACOUR, ROBERT NEPEAN, ONTARIO	41 M	M4	SPLITS: 0:35: 2.1 TOTALS: 0:35: 2.1	0:50:21.9 1:25:24.0	0:33:13.9 1:58:37.9		14
130	67	1:58:54.2	POWELL, ACE OTTAWA, ONTARIO	37 M	M3	SPLITS: 0:29: 6.1 TOTALS: 0:29: 6.1	0:56:14.9 1:25:21.0	0:33:33.2 1:58:54.2		36
131	70	1:59:18.3	MACLAINE, IAN NEPEAN, ONTARIO	53 M	M5	SPLITS: 0:33:53.9 TOTALS: 0:33:53.9	0:50:35.1 1:24:27.0	0:34:49.3 1:59:18.3		3
132	206	1:59:51.7	ROBINSON, JAMES OTTAWA, ONTARIO	33 M	M3	SPLITS: 0:24: 7.2 TOTALS: 0:24: 7.2	0:59:20.8 1:23:28.0	0:36:23.7 1:59:51.7		37
133	143	2: 0: 4.0	WOODS, ROBERT OTTAWA, ONTARIO	33 M	M3	SPLITS: 0:33:32.0 TOTALS: 0:33:32.0	0:54: 1.0 1:27:33.0	0:32:31.0 2: 0: 4.0		38
134	241	2: 0:10.2	MACKENZIE, BEATTIE WAKEFIELD, QUEBEC	55 M	M5	SPLITS: 0:36:18.8 TOTALS: 0:36:18.8	0:47:54.2 1:24:13.0	0:35:57.2 2: 0:10.2		4
135	145	2: 0:44.3	STEWART, PETER NEPEAN, ONTARIO	40 M	M4	SPLITS: 0:27:55.8 TOTALS: 0:27:55.8	0:54:24.2 1:22:20.0	0:38:24.3 2: 0:44.3		15
136	55	2: 0:46.5	SCHULLER, ROBERT MANDICK ONT.	42 M	M4	SPLITS: 0:28:24.0 TOTALS: 0:28:24.0	0:56:13.0 1:24:37.0	0:36: 9.5 2: 0:46.5		16
137	221	2: 1:18.1	HULL, MORGAN OTTAWA, ONTARIO	29 M	M2	SPLITS: 0:31: 5.7 TOTALS: 0:31: 5.7	0:49:37.3 1:20:43.0	0:40:35.1 2: 1:18.1		58
138	141	2: 2: 5.5	LAROCQUE, ROLAND HULL, QUEBEC	23 M	M2	SPLITS: 0:28:48.8 TOTALS: 0:28:48.8	0:54: 6.2 1:22:55.0	0:39:10.5 2: 2: 5.5		59

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX	CAT.	SWIM	T I M E S			20/ 30/ 40/ 19- 29 39 49 50+
							BIKE	RUN		
139	174	2: 3:22.2	ARMSTRONG, MARK OTTAWA, ONTARIO	40 M	M4	SPLITS: 0:33:47.4 TOTALS: 0:33:47.4	0:58:10.6 1:31:58.0	0:31:24.2 2: 3:22.2		17
140	244	2: 3:25.0	GERMAIN, PAUL SHERBROOKE, QUEBEC	23 M	M2	SPLITS: 0:28:42.0 TOTALS: 0:28:42.0	0:51:52.0 1:20:34.0	0:42:51.0 2: 3:25.0		60
141	239	2: 3:41.0	LONG, MICHEL	32 M	M3	SPLITS: 0:33:16.5 TOTALS: 0:33:16.5	0:57:35.5 1:30:52.0	0:32:49.0 2: 3:41.0		39
142	176	2: 4:12.0	PRYSTAWSKI, LAURENCE NEPEAN, ONTARIO	17 M	M1	SPLITS: 0:31:59.9 TOTALS: 0:31:59.9	0:52:50.1 1:24:50.0	0:39:22.0 2: 4:12.0		22
143	253	2: 4:20.6	FERGUSON, ROBERT NEPEAN, ONTARIO	21 M	M2	SPLITS: 0:41:17.1 TOTALS: 0:41:17.1	0:46:10.9 1:27:28.0	0:36:52.6 2: 4:20.6		61
144	96	2: 5:12.0	PHILION, JACQUES BROSSARD, QUEBEC	50 M	M5	SPLITS: 0:26:37.0 TOTALS: 0:26:37.0	0:38:50.0 1:25:27.0	0:39:45.0 2: 5:12.0		5
145	135	2: 5:28.1	KNIGHT, TONY OTTAWA, ONTARIO	26 M	M2	SPLITS: 0:31:26.1 TOTALS: 0:31:26.1	1: 0:43.9 1:32:10.0	0:33:18.1 2: 5:28.1		62
146	75	2: 5:30.5	STOCKFISH, BRUCE OTTAWA, ONTARIO	31 M	M3	SPLITS: 0:30:38.7 TOTALS: 0:30:38.7	0:58: 4.3 1:28:43.0	0:36:47.5 2: 5:30.5		40
147	5	2: 7:10.3	MCGREGOR, GORD	16 M	M1	SPLITS: 0:39:56.7 TOTALS: 0:39:56.7	0:47:37.3 1:27:34.0	0:39:36.3 2: 7:10.3		23
148	15	2: 7:12.0	KIIFFER, CARL	16 M	M1	SPLITS: 0:32:15.7 TOTALS: 0:32:15.7	0:52: 8.3 1:24:24.0	0:42:48.0 2: 7:12.0		24
149	251	2: 8:24.7	MCGAUGH, TIM NEPEAN, ONTARIO	20 M	M2	SPLITS: 0:37: 4.2 TOTALS: 0:37: 4.2	0:54:29.8 1:31:34.0	0:36:50.7 2: 8:24.7		63
150	128	2: 8:45.6	MCKENNA, PERRY NEPEAN, ONTARIO	26 M	M2	SPLITS: 0:34:28.9 TOTALS: 0:34:28.9	0:55:37.1 1:30: 6.0	0:38:39.6 2: 8:45.6		64
151	57	2: 9:52.0	LEFEBVRE, PIERRE OTTAWA, ONTARIO	27 M	M2	SPLITS: 0:38:12.0 TOTALS: 0:38:12.0	0:47:42.0 1:25:54.0	0:43:58.0 2: 9:52.0		65
152	3	2:10: 8.6	GUYTE, BERNARD	47 M	M4	SPLITS: 0:38:27.4 TOTALS: 0:38:27.4	0:57:50.6 1:36:18.0	0:33:50.6 2:10: 8.6		18

N.B. 8 HRS.=DNF 9 HRS.=DNS

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CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/					
						BIKE	RUN		19-	29	39	49	50+	
153	205	2:11:59.0	MASSE, ROBERT HULL, QUEBEC	45 M M4	SPLITS: 0:30:31.7 TOTALS: 0:30:31.7	1: 5:57.3 1:36:29.0	0:35:30.0 2:11:59.0							19
154	197	2:12: 6.4	MCNAMARA, TED KANATA, ONTARIO	52 M M5	SPLITS: 0:39:12.5 TOTALS: 0:39:12.5	0:51: 7.5 1:30:20.0	0:41:46.4 2:12: 6.4							6
155	94	2:13:17.6	MALLOFF, RON ROCKLAND, ONTARIO	29 M M2	SPLITS: 0:38:14.1 TOTALS: 0:38:14.1	0:59:58.9 1:38:13.0	0:35: 4.6 2:13:17.6						66	
156	121	2:13:36.1	CHENIER, ANDRE VANIER, ONTARIO	20 M M2	SPLITS: 0:23: 3.1 TOTALS: 0:23: 3.1	1: 7:12.9 1:30:16.0	0:43:20.1 2:13:36.1							67
157	50	2:14:47.7	JEZEK, ROMAN BEACONSFIELD QUEBEC	70 M M5	SPLITS: 0:29:23.6 TOTALS: 0:29:23.6	1: 1: 2.4 1:30:26.0	0:44:21.7 2:14:47.7							7
158	184	2:15:11.4	DEMERS, JACQUES GATINEAU, QUEBEC	22 M M2	SPLITS: 0:35:49.7 TOTALS: 0:35:49.7	1: 5:26.3 1:41:16.0	0:33:55.4 2:15:11.4							68
159	155	2:20:11.5	MACKAY, LEE NEPEAN, ONTARIO	29 M M2	SPLITS: 0:48:12.2 TOTALS: 0:48:12.2	0:57:15.8 1:45:28.0	0:34:43.5 2:20:11.5							69
160	249	2:24:21.0	GLATT, HARVEY OTTAWA, ONTARIO	50 M M5	SPLITS: 0:30:19.0 TOTALS: 0:30:19.0	1: 8:15.0 1:38:34.0	0:45:47.0 2:24:21.0							8
161	139	2:25:54.3	STRIPINIS, DANIEL OTTAWA, ONTARIO	30 M M3	SPLITS: 0:26:20.6 TOTALS: 0:26:20.6	1:11: 2.4 1:37:23.0	0:48:31.3 2:25:54.3							41
162	122	2:28:24.6	BENNETT, ROBERT KANATA, ONTARIO	50 M M5	SPLITS: 0:43:51.3 TOTALS: 0:43:51.3	1: 5:41.7 1:49:33.0	0:38:51.6 2:28:24.6							9
163	216	2:32:32.1	WOODCOCK, IAN KANATA, ONT.	29 M M2	SPLITS: 0:39:37.9 TOTALS: 0:39:37.9	1: 5:40.1 1:45:18.0	0:47:14.1 2:32:32.1							70
164	204	2:39:18.4	SIMARD, GILLES HULL, QUEBEC	41 M M4	SPLITS: 0:46:14.9 TOTALS: 0:46:14.9	1: 7:30.1 1:53:45.0	0:45:33.4 2:39:18.4							20
	109	8: 0: 0.0	CASSAN, GERRY OTTAWA, ONTARIO	29 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
	88	8: 0: 0.0	COOPER, DON KINGSTON, ONTARIO	42 M M4	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							

N.B. 8 HRS.=DNF 9 HRS.=DNS

CFRA AND MILLER HIGH LIFE PRESENT THE OTTAWA ATHLETIC CLUB GATINEAU TRIATHLON SATURDAY, JULY 28, 1984
 COMPLETE RACE RESULTS IN ORDER OF FINISH 08/27/84
 COMPUTER SERVICES COURTESY OF BURROUGHS CANADA, DATA MANAGER

RANK	#	TOTAL TIME	NAME ADDRESS	AGE SEX CAT.	SWIM	T I M E S			20/ 30/ 40/				
						BIKE	RUN		19-	29	39	49	50+
144	8: 0: 0.0	FREEMAN, SANDER MONTREAL, QUEBEC	29 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
64	8: 0: 0.0	GREER, WILLIAM KINGSTON, ONTARIO	26 M M2	SPLITS: 0:32:11.5 TOTALS: 0:32:11.5	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
166	8: 0: 0.0	GUITE, BERNARD MONTREAL, QUEBEC	47 M M4	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
198	8: 0: 0.0	LOUGHREY, IAN BROCKVILLE, ONTARIO	26 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
230	8: 0: 0.0	MATTE, JEAN-PIERRE GATINEAU, QUEBEC	39 M M3	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
25	8: 0: 0.0	MILCHAK, STEPHEN HULL, QUEBEC	21 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
54	8: 0: 0.0	PLAICE, EDWARD DEEP RIVER, ONTARIO	24 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
97	8: 0: 0.0	RICHER, RICHARD OTTAWA, ONTARIO	29 M M2	SPLITS: 0:22:43.8 TOTALS: 0:22:43.8	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
147	8: 0: 0.0	SAUNDERS, DEREK HUDSON, QUEBEC	42 M M4	SPLITS: 0:28:24.8 TOTALS: 0:28:24.8	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
87	8: 0: 0.0	SCHEIER, TONY OTTAWA, ONTARIO	26 M M2	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							
164	8: 0: 0.0	ZUCK, RAINER OTTAWA, ONTARIO	36 M M3	SPLITS: 8: 0: 0.0 TOTALS: 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0	8: 0: 0.0 8: 0: 0.0							